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Adrenergic modulation of NMDA receptors in prefrontal cortex is differentially regulated by RGS proteins and spinophilin

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The noradrenergic system in the prefrontal cortex (PFC) is involved in many physiological and psychological processes, including working memory and mood control. To understand the functions of the noradrenergic system, we examined the regulation of NMDA receptors (NMDARs), key players in cognition and emotion, by α 1- and α 2-adrenergic receptors (α 1-ARs, α 2-ARs) in PFC pyramidal neurons. Applying norepinephrine or a norepinephrine transporter inhibitor reduced the amplitude but not paired-pulse ratio of NMDAR-mediated excitatory postsynaptic currents (EPSC) in PFC slices. Specific α 1-AR or α 2-AR agonists also decreased NMDAR-EPSC amplitude and whole-cell NMDAR current amplitude in dissociated PFC neurons. The α 1-AR effect depended on the phospholipase C–inositol 1,4,5-trisphosphate– Ca^{2+} pathway, whereas the α 2-AR effect depended on protein kinase A and the microtubule-based transport of NMDARs that is regulated by ERK signaling. Furthermore, two members of the RGS family, RGS2 and RGS4, were found to down-regulate the effect of α 1-AR on NMDAR currents, whereas only RGS4 was involved in inhibiting α 2-AR regulation of NMDAR currents. The regulating effects of RGS2/4 on α 1-AR signaling were lost in mutant mice lacking spinophilin, which binds several RGS members and G protein-coupled receptors, whereas the effect of RGS4 on α 2-AR signaling was not altered in spinophilin-knockout mice. Our work suggests that activation of α 1-ARs or α 2-ARs suppresses NMDAR currents in PFC neurons by distinct mechanisms. The effect of α 1-ARs is modified by RGS2/4 that are recruited to the receptor complex by spinophilin, whereas the effect of α 2-ARs is modified by RGS4 independent of spinophilin.

adrenergic receptor | RGS4 | neuropsychiatric diseases | G protein-coupled receptor | microtubule

Adrenergic receptors (ARs) can be divided into three main types: α 1 (α_{1A-D}), α 2 (α_{2A-C}), and β (1–3), based on sequence information, receptor pharmacology, and signaling mechanisms. Although β -ARs are located mainly in the cardiovascular system, most α 1- and α 2-AR subtypes (except α_{1C} and α_{2B}) are highly expressed in CNS regions, e.g., prefrontal cortex (PFC), hippocampus, and brainstem. Norepinephrine, through the action of α 1-ARs and α 2-ARs, has been implicated in many key functions of PFC, including working memory and emotional control (1–3). An aberrant noradrenergic system, complementing altered serotonergic or dopaminergic signaling, contributes significantly to the pathophysiology of a variety of neuropsychiatric diseases associated with PFC dysfunction, such as depression, anxiety, schizophrenia, and attention-deficit hyperactivity disorder (4–7). Therefore, modifying noradrenergic signaling has been considered one of the key therapeutic actions of many antidepressants, anxiolytic drugs, and antipsychotics (8, 9). To understand the functional role of α 1- and α 2-ARs, we need to know their cellular targets that are important for cognition and emotion. The NMDAR channel has been implicated in normal cognitive processes and mental disorders (10–12), which makes

it a potentially important target by which α 1- and α 2-ARs may regulate PFC functioning.

Results

Activation of α 1-ARs or α 2-ARs Reduces NMDAR-Mediated Currents in PFC Pyramidal Neurons. We first examined the effect of the noradrenergic system on NMDAR-mediated excitatory postsynaptic currents (NMDAR-EPSC) evoked by stimulation of synaptic NMDARs in PFC slices. As shown in Fig. 1A, application of 100 μM natural neurotransmitter norepinephrine induced a strong and persistent reduction in the amplitude of NMDAR-EPSC, whereas in parallel control measurements where no norepinephrine was administered, NMDAR-EPSC remained stable throughout the recording. Application of 20 μM desipramine, a norepinephrine transporter inhibitor, to activate endogenous noradrenergic receptors also caused a potent and long-lasting reduction of the NMDAR-EPSC amplitude (Fig. 1B). The specific α 1-AR agonist cirazoline (40 μM) produced a similar reducing effect, which was blocked by 40 μM prazosin, a specific α 1-AR antagonist (Fig. 1C). In a sample of neurons we tested, norepinephrine, norepinephrine transporter inhibitors, and α 1-AR agonist all significantly suppressed synaptic NMDAR-mediated responses (norepinephrine: $31.5 \pm 8.5\%$, $n = 4$; desipramine: $34.2 \pm 2.7\%$, $n = 6$; nisoxetine (an norepinephrine transporter inhibitor, 50 μM): $36.3 \pm 5.3\%$, $n = 3$; cirazoline: $36.2 \pm 3.3\%$, $n = 4$). We further examined the noradrenergic effect on NMDAR-EPSC evoked by paired pulses, a measure that is sensitive to changes in the probability of transmitter release (13). As shown in Fig. 1D, application of desipramine reduced the amplitudes of NMDAR-EPSC triggered by both pulses, but it did not cause a significant change in the ratio of the paired-pulse facilitation (control: 1.72 ± 0.1 ; desipramine: 1.73 ± 0.1 , $n = 5$). This observation suggests that activation of noradrenergic receptors in PFC pyramidal neurons is likely to induce a change in postsynaptic NMDARs rather than glutamate release.

To verify the potential influence of α 1-ARs on NMDARs, we examined the effect of α 1-ARs on NMDAR-mediated whole-cell currents in dissociated PFC pyramidal neurons. As shown in Fig. 1E, application of 40 μM cirazoline caused a reversible reduction in the amplitude of currents evoked by 100 μM NMDA

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The authors declare no conflict of interest.

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Abbreviations: 2APB, 2-aminoethoxydiphenyl borane; AR, adrenergic receptor; EPSC, excitatory postsynaptic currents; GPCR, G protein-coupled receptor; IP₃, inositol 1,4,5-trisphosphate; NMDAR, NMDA receptor; NR2B, NMDAR 2B; PFC, prefrontal cortex; PLC, phospholipase C; RGS, regulators of G protein signaling.

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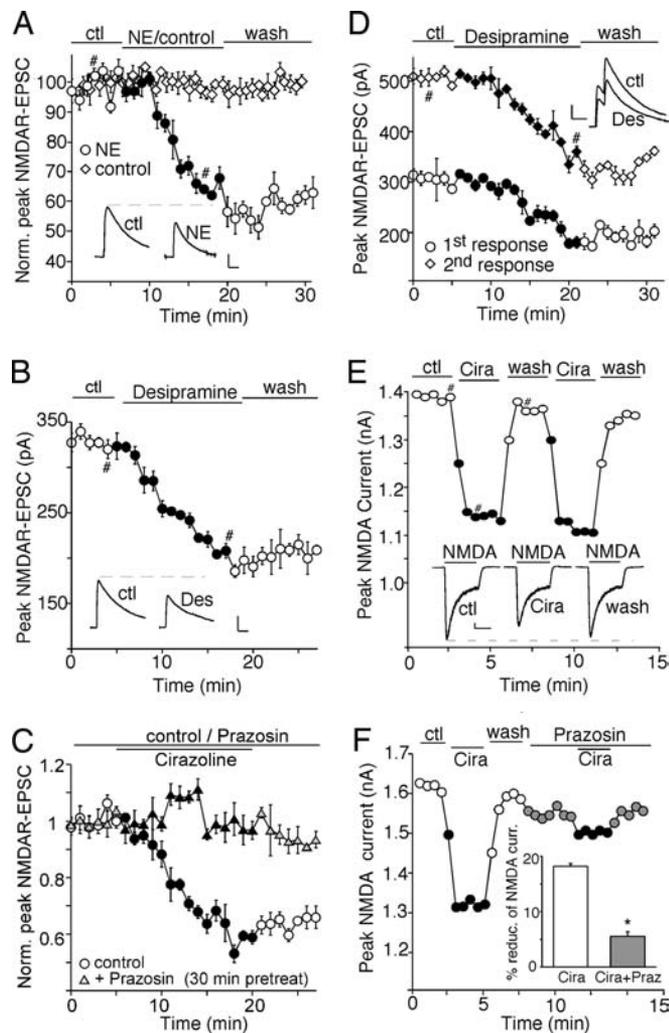


Fig. 1. Activation of α_1 -ARs reduces the amplitude of NMDAR-EPSC and whole-cell NMDAR currents. (A–C) Plot of peak NMDAR-EPSC in PFC slices showing the effect of 100 μ M norepinephrine (A), 20 μ M norepinephrine transporter inhibitor desipramine (B), or 40 μ M α_1 -AR agonist cirazoline in the absence or presence of 40 μ M α_1 -AR antagonist prazosin (C). (D) Plot of peak NMDAR-EPSC evoked by double pulses (interstimuli interval, 100 ms) as a function of time and 20 μ M desipramine application. (Insets A, B, and D) Representative current traces (average of three trials) at time points denoted by #. (Scale bars: 100 pA, 0.1 s.) (E and F) Plot of peak 100 μ M NMDA-evoked currents in dissociated PFC pyramidal neurons showing the effect of 40 μ M cirazoline (E) and its blockade by 40 μ M prazosin (F). (Inset E) Representative current traces (at time points denoted by #). (Scale bars: 100 pA, 1 s.) (Inset F) Cumulative data (mean \pm SEM) summarizing the percentage reduction of NMDAR currents by cirazoline in the absence or presence of prazosin. *, $P < 0.01$, ANOVA.

(18.2 \pm 0.5%, $n = 130$). This effect was significantly attenuated by 40 μ M prazosin (Fig. 1F; 5.5 \pm 0.9%, $n = 10$), confirming that α_1 -AR activation suppresses NMDAR currents.

We also examined the effect of α_2 -ARs on NMDAR-mediated synaptic and whole-cell currents. As shown in Fig. 2A, application of 100 μ M specific α_2 -AR agonist clonidine potently reduced the amplitude of NMDAR-EPSC (38.3 \pm 3.2%, $n = 5$), which was diminished by 40 μ M specific α_2 -AR antagonist idazoxan (9.0 \pm 2.3%, $n = 5$). The effect of the norepinephrine transporter inhibitor desipramine on NMDAR-EPSC was partially reduced by prazosin or idazoxan alone, but it was almost abolished by coapplication of the two antagonists (Fig. 2B and C), suggesting the involvement of both α_1 -ARs and α_2 -ARs.

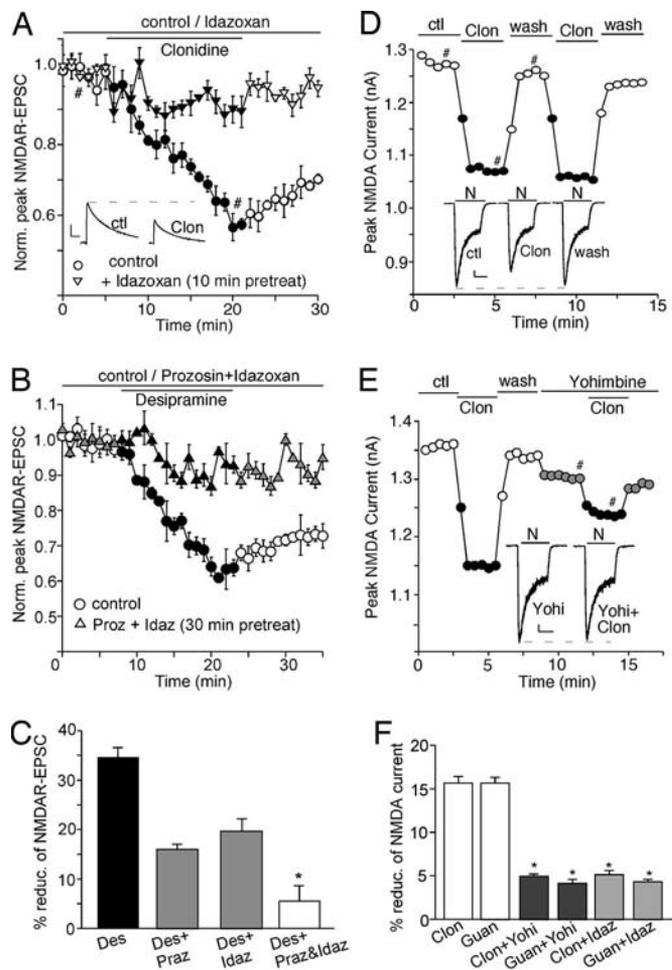


Fig. 2. Activation of α_2 -ARs reduces the amplitude of NMDAR-EPSC and whole-cell NMDAR currents. (A) Plot of peak NMDAR-EPSC in PFC slices showing the effect of 100 μ M α_2 -AR agonist clonidine in the absence or presence 40 μ M idazoxan, a specific α_2 -AR antagonist. (Inset) Representative current traces (at time points denoted by #). (Scale bars: 100 pA, 0.1 s.) (B) Plot of peak NMDAR-EPSC showing that blocking both α_1 and α_2 receptors with prazosin and idazoxan prevented the effect of norepinephrine transporter inhibitor desipramine. (C) Cumulative data (mean \pm SEM) summarizing the percentage reduction of NMDAR-EPSC by desipramine in the absence or presence of different antagonists. *, $P < 0.01$, ANOVA. (D and E) Plot of peak NMDAR currents showing the effect of 100 μ M clonidine (D) and its blockade by 60 μ M yohimbine (E), a specific α_2 -AR antagonist. (Insets D and E) Representative current traces (at time points denoted by #). (Scale bars: 100 pA, 1 s.) (F) Cumulative data (mean \pm SEM) summarizing the percentage reduction of NMDAR currents by different α_2 -AR agonists (clonidine or guanfacine at 100 μ M) in the absence or presence of different α_2 -AR antagonists (yohimbine or idazoxan). *, $P < 0.01$, ANOVA.

Clonidine also decreased NMDA-evoked currents in dissociated PFC neurons (Fig. 2D; 15.6 \pm 0.8%, $n = 30$), which was abolished by 60 μ M yohimbine (4.9 \pm 0.3%, $n = 7$), another specific α_2 -AR antagonist (Fig. 2E). As summarized in Fig. 2F, the effects of different α_2 -AR agonists on NMDAR currents were all diminished by various α_2 -AR antagonists, confirming that α_2 -AR activation also suppresses NMDAR currents.

Because both α_1 -AR and α_2 -AR reduce NMDAR currents, we also examined whether their effects were additive to determine whether these processes had common targets at the NMDAR level. As shown in Fig. 8A, which is published as supporting information on the PNAS web site, in the presence of 100 μ M α_2 -AR agonist clonidine, 40 μ M α_1 -AR agonist cirazoline caused further suppression of NMDAR currents (cirazoline: 18.5 \pm 1.2%; clonidine:

15.3 ± 0.6%; cirazoline + clonidine: 32.0 ± 2.7%, $n = 6$), indicating that the effects of α 1-AR and α 2-AR are additive. Moreover, the effect of clonidine, but not cirazoline, was blocked by 3 μ M selective NMDAR 2B (NR2B) antagonist ifenprodil (Fig. 8 *B* and *C*), suggesting that α 1-AR and α 2-AR target different pools of NMDARs.

We further examined whether α 1-AR and α 2-AR agonists may have direct effects on NMDARs. As shown in Fig. 9, which is published as supporting information on the PNAS web site, both cirazoline and clonidine produced similar effects on NMDAR currents at different voltages (−60 mV, −40 mV, −20 mV), suggesting that these compounds do not cause a voltage-dependent block of NMDAR channels. Moreover, both cirazoline and clonidine produced similar effects on NMDAR currents in the presence of saturating (20 μ M) or subsaturating (1 μ M) concentrations of glycine, suggesting that these compounds do not reduce affinity of the NMDARs for glycine.

The α 1- and α 2-AR of NMDAR Currents Depend on Different Signaling Pathways and Cellular Mechanisms. Next, we examined the signaling mechanisms underlying the reduction of NMDAR currents by α 1-ARs and α 2-ARs, which are coupled to G_q and $G_{i/o}$ proteins, respectively (14). As shown in Fig. 3*A*, application of the 1 μ M phospholipase C (PLC) inhibitor U73122 significantly blocked the cirazoline-induced decrease of NMDAR currents (6.6 ± 0.9%, $n = 7$, Fig. 3*C*), suggesting the involvement of the PLC pathway in α 1-AR signaling. PLC activation catalyzes the hydrolysis of membrane phosphoinositol lipids, leading to the release of inositol 1,4,5-trisphosphate (IP₃) and diacylglycerol. 2-Aminoethoxydiphenyl borane (2APB; 15 μ M), a membrane-permeable IP₃ receptor antagonist, substantially blocked the reduction of NMDAR currents by cirazoline (Fig. 3*B*; 6.1 ± 0.8%, $n = 7$; Fig. 3*C*). Dialysis with 10 mM 1,2-bis(2-aminophenoxy)ethane-*N,N,N',N'*-tetraacetate (BAPTA), a Ca²⁺ chelator, also diminished the effect of cirazoline (4.3 ± 0.7%, $n = 6$; Fig. 3*C*), whereas 1 μ M selective PKC inhibitor bisindolylmaleimide I failed to do so (16.2 ± 1.0%, $n = 6$; Fig. 3*C*). On the other hand, clonidine lost the capability to suppress NMDAR currents in the presence of 50 μ M PKA activator cpt-cAMP (Fig. 3*D*; 4.4 ± 1.1%, $n = 7$; Fig. 3*F*), and 10 μ M PKA inhibitor H89 reduced NMDAR currents and occluded the effect of clonidine (Fig. 3*E*; 2.7 ± 1.5%, $n = 5$; Fig. 3*F*). These results suggest that the PLC-IP₃-Ca²⁺ pathway is involved in α 1-AR regulation of NMDAR currents, whereas inhibition of PKA signaling is required for α 2-ARs to regulate NMDAR currents.

Recent studies have shown that NMDAR function can be regulated through a mechanism dependent on microtubule/motor protein-based dendritic transport of NMDARs that is regulated by ERK signaling (15–17). Therefore, we examined the role of ERK and microtubules in adrenergic regulation of NMDAR currents. As shown in Fig. 4*A*, in the presence of 20 μ M U0126, a specific inhibitor of MEK (the kinase upstream of ERK), the cirazoline-induced decrease of NMDAR currents was not affected (17.3 ± 1.2%, $n = 5$, Fig. 4*C*), whereas the effect of clonidine was largely blocked by U0126 (Fig. 4*D*; 5.7 ± 1.3%, $n = 6$; Fig. 4*F*). Application of 30 μ M microtubule-depolymerizing agent colchicine did not prevent cirazoline from reducing NMDAR currents (Fig. 4*B*; 17.5 ± 1.0%, $n = 5$; Fig. 4*C*), but it occluded the effect of subsequently applied clonidine (Fig. 4*E*; 3.5 ± 1.3%, $n = 6$; Fig. 4*F*). The actin-depolymerizing agent latrunculin B (5 μ M) or 50 μ M dynamin-inhibitory peptide failed to affect either α 1- or α 2-adrenergic regulation of NMDAR currents (Fig. 4 *C* and *F*), suggesting the lack of involvement of actin cytoskeleton or clathrin-mediated endocytosis in the process. Taken together, these results suggest that α 2-AR but not α 1-AR regulation of NMDAR currents is through a mechanism dependent on microtubule stability.

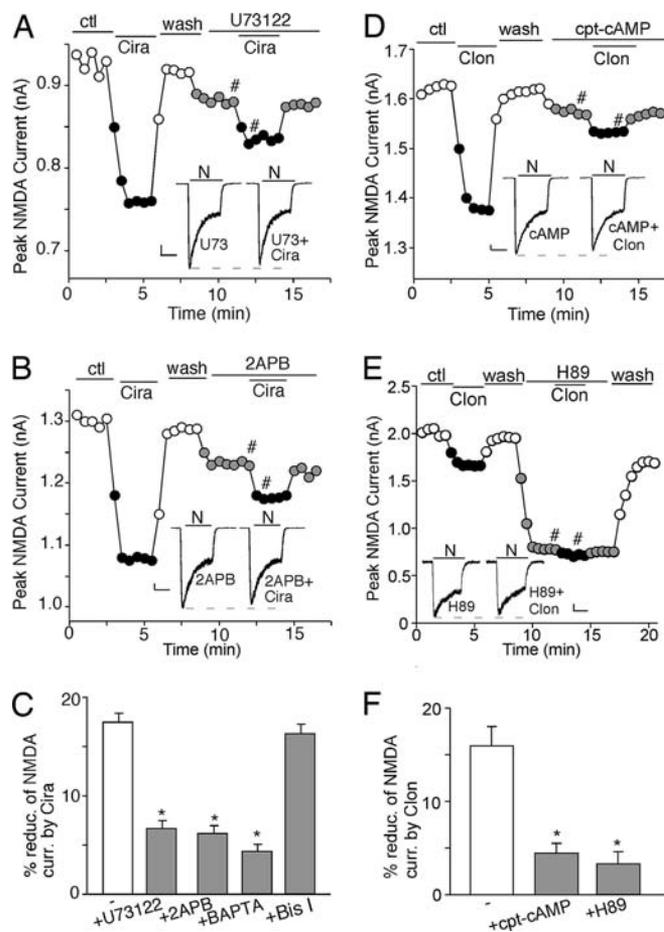


Fig. 3. The PLC-IP₃-Ca²⁺ or PKA pathway is involved in α 1- or α 2-adrenergic regulation of NMDAR currents, respectively. (*A* and *B*) Plot of peak NMDAR currents showing the effect of 40 μ M cirazoline in the absence or presence of 1 μ M PLC inhibitor U73122 (*A*) or 15 μ M IP₃ receptor antagonist 2APB (*B*). (*D* and *E*) Plot of peak NMDAR currents showing the effect of 100 μ M clonidine in the absence or presence of 50 μ M PKA activator cpt-cAMP (*D*) or 10 μ M PKA inhibitor H89 (*E*). (Insets *A*, *B*, *D*, and *E*) Representative current traces (at time points denoted by #). (Scale bars: 100 pA, 1 s.) (*C* and *F*) Cumulative data (mean ± SEM) showing the percentage reduction of NMDAR currents by cirazoline (*C*) or clonidine (*F*) under various treatments. *, $P < 0.01$, ANOVA.

To confirm further that α 2-AR affects microtubule-based NMDAR trafficking, we carried out a quantitative surface immunostaining assay in PFC cultures transfected with GFP-NR2B (GFP tag is placed at NR2B extracellular N terminus). The surface distribution of recombinant NR2B was assessed by immunostaining with anti-GFP primary antibody followed by rhodamine-conjugated secondary antibody in nonpermeabilized conditions (16, 17). As shown in Fig. 10, which is published as supporting information on the PNAS web site, in neurons treated with 100 μ M α 2-AR agonist clonidine for 10 min, the fluorescent GFP-NR2B surface clusters on dendrites were significantly reduced in both the density (control: 38.2 ± 1.6 clusters per 50 μ m, $n = 14$; clonidine-treated neurons: 19.8 ± 0.95 clusters per 50 μ m, $n = 9$; $P < 0.01$, ANOVA) and the size (control: 0.3 ± 0.03 μ m², $n = 14$; clonidine-treated neurons: 0.18 ± 0.02 μ m²; $P < 0.01$, ANOVA), which was blocked by 10 μ M microtubule stabilizer taxol (cluster density: 37.2 ± 3.1 clusters per 50 μ m; cluster size: 0.3 ± 0.02 μ m², $n = 6$). In contrast, treatment with 100 μ M α 1-AR agonist cirazoline for 10 min caused little change on surface NR2B clusters. These results suggest the involvement of a microtubule-dependent mechanism in α 2-AR regulation of NMDARs.

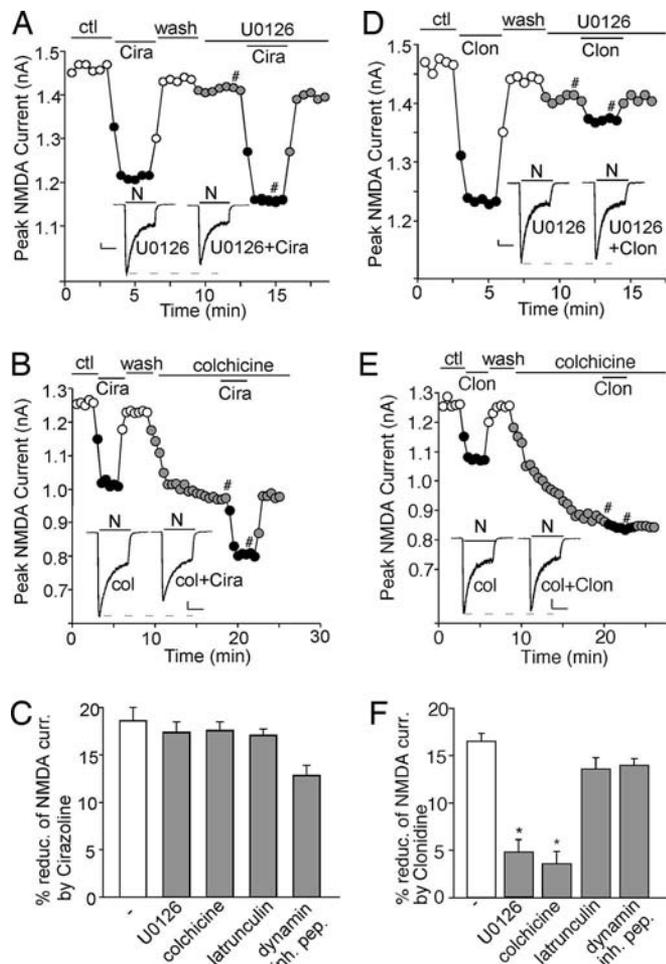


Fig. 4. The suppression of NMDAR currents by α_2 -AR but not α_1 -AR is through a mechanism involving ERK-regulated microtubule stability. (A, B, D, and E) Plot of peak NMDAR currents showing that the effect of 40 μ M cirazoline or 100 μ M clonidine on NMDAR currents was affected differentially by 20 μ M MEK/ERK inhibitor U0126 (A and D) or 30 μ M microtubule-depolymerizing agent colchicine (B and E). (Insets) Representative current traces (at time points denoted by #). (Scale bars: 100 pA, 1 s.) (C and F) Cumulative data (mean \pm SEM) showing the percentage reduction of NMDAR currents by cirazoline (C) or clonidine (F) in the absence or presence of various agents. *, $P < 0.01$, ANOVA.

The α_1 -AR and α_2 -AR Effects on NMDAR Currents Are Modulated by Different Regulators of G Protein Signaling (RGS) Proteins in PFC Pyramidal Neurons. Because RGS proteins play an important role in modulating G protein-coupled receptor (GPCR) signaling (18), we examined their influence on α_1 -AR and α_2 -AR regulation of NMDARs. To do so, we infused antibodies against specific RGS family members into neurons through the recording pipette to achieve an effective inhibition of endogenous RGS function (19, 20), and then we tested whether these antibodies could affect α_1 or α_2 regulation of NMDAR currents. We focused on two RGS family members, RGS2 and RGS4, because RGS2 is dynamically responsive to neuronal activity in a unique fashion (21), whereas RGS4, which exhibits the highest expression in PFC (22), has recently been identified as a schizophrenia-susceptibility gene (23–26).

As shown in Fig. 5A and B, bath application of 40 μ M cirazoline reduced the amplitude of NMDAR currents, whereas in neurons dialyzed with the anti-RGS2 (19) or anti-RGS4 (20) antibody (4 μ g/ml), the reduction of NMDAR currents by cirazoline was strongly augmented. In a sample of neurons we

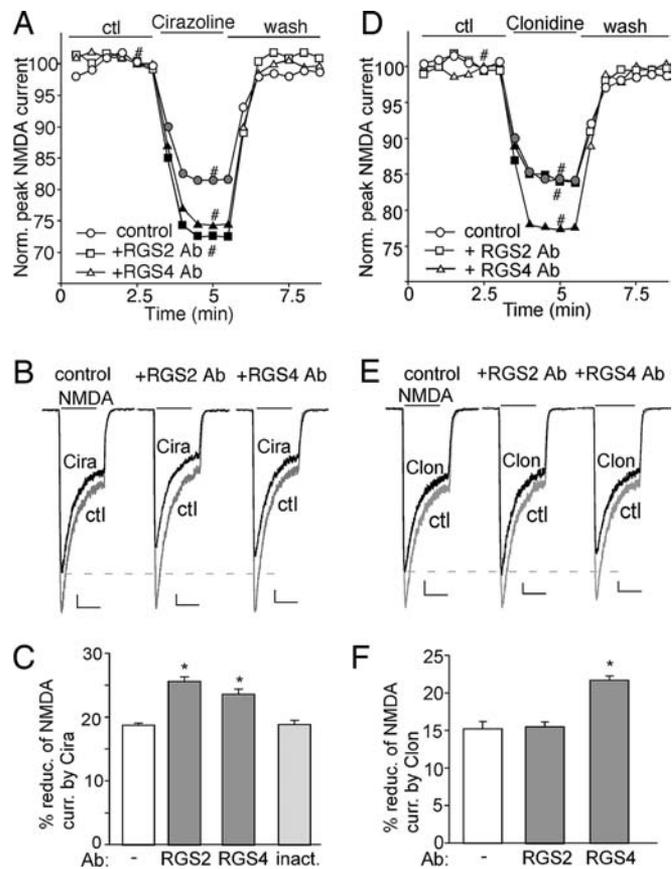


Fig. 5. Different RGS proteins modulate the effect of α_1 -ARs or α_2 -ARs on NMDAR currents. (A and D) Plot of normalized peak NMDAR currents showing the effect of cirazoline (A) or clonidine (D) in neurons dialyzed with 4 μ g/ml anti-RGS2 or anti-RGS4 antibody. (B and E) Representative current traces (at time points denoted by #). (Scale bars: 100 pA, 1 s.) (C and F) Cumulative data (mean \pm SEM) showing the percentage reduction of NMDAR currents by cirazoline (C) or clonidine (F) in the absence or presence of different RGS antibodies. *, $P < 0.01$, ANOVA.

tested (Fig. 5C), both RGS2 and RGS4 antibodies caused a significant potentiation ($\approx 37\%$ increase and $\approx 26\%$ increase, respectively) in the effect of cirazoline on NMDAR currents [control (-): $18.7 \pm 0.4\%$, $n = 14$; anti-RGS2: $25.6 \pm 0.7\%$, $n = 8$; anti-RGS4: $23.6 \pm 0.8\%$, $n = 11$], whereas the heat-inactivated RGS2 antibody failed to do so ($18.8 \pm 0.6\%$, $n = 6$).

The role of RGS2 and RGS4 in α_2 -AR signaling was also examined. As shown in Fig. 5D and E, the reduction of NMDAR currents by clonidine was strongly potentiated ($\approx 43\%$ increase) by dialysis with the anti-RGS4 antibody [control (-): $15.2 \pm 0.9\%$, $n = 9$; anti-RGS4: $21.7 \pm 0.5\%$, $n = 9$; Fig. 5F], but not the anti-RGS2 antibody ($15.5 \pm 0.6\%$, $n = 8$; Fig. 5F). These results suggest that both RGS2 and RGS4 are involved in inhibiting α_1 -AR signaling, whereas only RGS4 participates in dampening α_2 -AR regulation of NMDAR currents.

The Scaffold Protein Spinophilin Is Differentially Involved in RGS Modulation of the α_1 - or α_2 -AR Effect on NMDAR Currents. It has been shown that the multidomain scaffolding protein spinophilin binds several GPCRs (27, 28) and RGS proteins (29), suggesting that spinophilin may actively regulate GPCR signaling by recruiting RGS proteins to the receptor complex. To test whether spinophilin is involved in adrenergic regulation of NMDARs, we examined the RGS modulation of α_1 -AR and α_2 -AR effects on NMDAR currents in spinophilin-knockout mice (30).

As shown in Fig. 6A, both anti-RGS2 and anti-RGS4 anti-

uation of the $\alpha 1$ -AR effect on NMDARs was lost in spinophilin-knockout mice, leading to a bigger reduction of NMDAR currents by $\alpha 1$ -AR agonists in spinophilin-deficient neurons. In contrast, the RGS4-mediated suppression of the $\alpha 2$ -AR effect on NMDARs was intact in spinophilin-knockout mice, despite the potential interaction between activated $\alpha 2$ -AR and spinophilin (28, 41). This observation suggests that spinophilin may selectively regulate G_q -coupled receptor signaling by improving access of RGS2/4 to the receptors and facilitating the interaction of RGS2/4 with $G_{\alpha q}$.

Materials and Methods

Electrophysiological Recordings in Slices. To evaluate the regulation of NMDAR-EPSC in pyramidal neurons located in deep layers (V–VI) of PFC, slices from young adult (3–5 weeks postnatal) Sprague–Dawley rats were used for recordings with the whole-cell voltage-clamp technique (16, 32). The brain slice (300 μm) was submerged in oxygenated artificial cerebrospinal fluid (ACSF) containing 20 μM CNQX and 10 μM bicuculline. Cells were visualized with a water-immersion lens (magnification, $\times 40$) and illuminated with near-IR light. A bipolar stimulating electrode was positioned ≈ 100 μm from the neuron under recording. Before stimulation, cells (clamped at -70 mV) were depolarized to 60 mV for 3 s to relieve fully the voltage-dependent Mg^{2+} block of NMDAR channels. The Clampfit program (Axon Instruments, Union City, CA) was used to analyze evoked synaptic activity.

Whole-Cell Recordings in Dissociated Neurons. Acutely dissociated PFC pyramidal neurons were prepared by using procedures described in refs. 16 and 32. Spinophilin-knockout mice were produced as detailed before (30). Recordings of whole-cell ligand-gated ion channel currents used standard voltage-clamp techniques (16). The cell membrane potential was held at -60 mV. NMDA (100 μM) was applied for 2 s every 30 s. Drugs were applied with a gravity-fed sewer-pipe system. The array of application capillaries was positioned near the cell under study. Solution changes were effected by the SF-77B fast-step solution stimulus delivery device (Warner Instrument Co., Hamden, CT).

To test the impact of RGS proteins on GPCR signaling, the antibody raised against a peptide mapping at the highly specific N terminus of RGS2 or RGS4 (Santa Cruz Biotechnology, Santa Cruz, CA) was dialyzed into neurons through the patch electrode for 10 min before electrophysiological recordings started. Data analyses were performed with AxoGraph (Axon Instruments) and Kaleidagraph (Albeck Software, Reading, PA). ANOVA tests were performed to compare the differential degrees of current modulation between groups subjected to different treatments.

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