

Due Date

Sunday, December 7 at 11:59PM (midnight), Buffalo (Eastern Standard) Time.

After that, you may still use a philosopher's stone for Time Stop (SR), which will give you a 48-hour extension. That extension ends on Tuesday, December 9 at 11:59PM (midnight), Buffalo (Eastern Standard) Time.

See the next page for more on how philosopher's stones may apply to this activity.

Reflection Questions

Recall that on the first day of this class you were asked to reflect on the question, "What does conflict mean to you?" You should now have a copy of your response. Since you wrote that answer, you have done various readings on conflict and dispute resolution, along with your participation in our classroom discussions and activities.

In light of all those experiences, reflect on and compare your current understanding of conflict with what you thought way back at the beginning of the semester.

1. How would you summarize your initial views on conflict back at the beginning of the semester? (I do have a copy of what you wrote back in August, but I want to see how *you* understand and interpret what it is you wrote way back then.)
2. Today, how would you now answer that question, "What does conflict mean to you?"
3. In comparing your answers to questions 1 and 2 above, to what extent (if any) have your views on conflict been reaffirmed? Explain.
4. In comparing your answers to questions 1 and 2 above, to what extent (if any) have your views on conflict changed or otherwise evolved? Explain.
5. What (if any) blinds spots in negotiation and conflict resolution to you want to work on correcting? Explain.
6. What (if any) strengths do you have in negotiation and conflict resolution that you want to continue improving and developing? Explain.
7. Putting all that together, generally speaking, where do you want to go from here in developing your negotiation and conflict resolution skills?

These questions provide you with an opportunity to really show off some swagger about what you have learned from the course. *Please take advantage of this moment to shine!*

Instructions & Evaluation

In order to be Accepted, your self-reflection must satisfy *all* of the following eight specifications:

SR1: Make a serious effort to answer each and every reflection question as clearly and completely as possible.

There is no expectation of perfection here. Just make that real effort to answer all those questions.

SR2: Illustrate your major points with *real* (not merely hypothetical) examples of your behavior from your life outside of class and/or from your experiences during our in-class activities.

I will be the only one reading your self-reflections, and I will not share them with anyone else. That said, be sensitive about what you would *and would not* like me to know about yourself.

SR3: Break up your longer answers into multiple paragraphs so they are easier to understand and follow.

A good rule of thumb here is that a paragraph should not be longer than a full page. Even better: no paragraph is longer than half a page.

SR4: **Be at least 1,000 words long.**

The cover page, title information, references, and acknowledgments, do not count.

SR5: Number your responses to each question.

SR6: Be in your own words.

In other words, please paraphrase material without directly quoting me, the text, or any other sources.

SR7: Follow the formatting requirements, posted on the course website, which include having a properly filled out Commitment to Academic Integrity Form. To help you with this, **please use the templates** for the self-reflection activities posted on the course website.

SR8: Use APA-style citations to cite all your sources (this includes the required course readings) and acknowledge any assistance (this includes help from classmates, your friends and family, the Center for Excellence in Writing (CEW), artificial intelligence (AI) tools, as well as from me).

If your submission fails to satisfy *any one* of those specifications, then it will be marked as Incomplete.

Using Philosopher's Stones

You may exchange philosopher's stones for Time Stop (SR) and/or Borrowed Knowledge.

Time Stop (SR): You give up 1 philosopher's stone and gain a 24-hour extension for completing this self-reflection. If you have enough stones, you may do this multiple times for additional 24-hour extensions.

Borrowed Knowledge: You give up 8 philosopher's stones and gain the full 750 negotiation experience points for this self-reflection. (Borrowed Knowledge will also work if you do not turn in this self-reflection at all.)



A Visit from the Procrastination Muse

Academic Integrity

This self-reflection activity is closed to collaboration. **This is not a group activity.** Ultimately, I expect that you write it up entirely on your own. After all, I am primarily interested in *your* reflections in response to these questions!

Even so, **I actually encourage you to talk to each other about these questions.** You might also do so with friends and family. Reflecting on this topic, and seeing the different ideas of others, is a great way to learn and grow!

In all that, please just be honest if you do receive any assistance or use the ideas of others. **This includes using artificial intelligence (AI) tools.** In any of those cases, be sure to:

1. Note the assistance you received on the cover page's Commitment to Academic Integrity Form, and
2. Properly cite that assistance and/or acknowledge it at the end of your self-reflection.

If anyone asks you for help, direct them to me instead.