# **CONFLICT & DISPUTE RESOLUTION**

## Having a Learning Conversation

#### Instructions 📆

When doing the reading for this class, there are the two basic kinds of information you need to understand:

- 1. What are the main points or conclusions that an author accepts with respect to a particular issue?
- 2. What are the reasons, important considerations, and evidence that lead the author to accept that conclusion?

For our purposes, it is *information of the second sort that will be our primary concern* since our most basic task is *to evaluate the reasons and evidence* that are offered to support accepting one possible position on an issue, rather than another.

### Reading 🗳

Stone, D., Patton, B., & Heen, S. (2010). Learning. In *Difficult*Conversations: How to Discuss What Matters Most (2<sup>ND</sup> ed.,
pp. 163–184). New York: Viking Penguin.

Optional: Epley, N. (2018, March 22). Invisibilia: We All Think We Know The People We Love. We're All Deluded. Shots: Health News From NPR. Retrieved December 23, 2018, from hthttps://www.npr.org/sections/health-shots/2018/03/22/594023688/invisibilia-to-understand-another-s-mind-get-perspective-don-t-take-it.

Optional: Listening. (2017, March 3). [Radio series episode]. In D. Navanayagam (Host), *The Why Factor*. United Kingdom: BBC World Service. Retrieved March 9, 2017, from http://www.bbc.co.uk/programmes/po4tv665.

### Questions

- What is meant by a "learning conversation"? What two benefits is a learning conversation supposed to have for you during negotiation or conflict resolution? (The optional article by Epley explains some psychology research that suggests how listening is absolutely irreplaceable when it comes to truly understanding another person.)
- 2. What is your internal voice? How can it be a barrier to adopting a stance of curiosity? What can be done to manage that voice?
- 3. What are the wrong and right ways to practice inquiry during conflict resolution?
- 4. Why is it important to paraphrase what it is you are leaning from inquiry during conflict resolution?
- 5. When paraphrasing, it is often important to also acknowledge their feelings. Why is that? How can this effectively be done?

In thinking about all this, you might also listen to the optional radio program about the theory and practice of listening when it comes to negotiation, conflict resolution, and improving relationships. This is not too long, and it has some great interviews and examples.

To answer these questions you will have to reflect critically on what you have read and possibly re-read important passages.

Although I strongly suggest that you write out brief answers to these questions, you do not have to turn in written responses. You do, however, need to be prepared to speak intelligently about these issues at our next class meeting.