With shorter days and crisper air, sweatshirts and raking leaves replace tank tops and going swimming. But, just because autumn brings an end to summer, it doesn’t bring an end to outdoor fun. With leaves beginning to change to brilliant reds, yellows, oranges, and greens, a picnic in the park is a great way to take in the scenery with your family, while still having a great time outdoors. Many state parks offer a variety of nature trails, bike paths, and hiking grounds as a great way to stay active and warm, while still seeing the beauty of what nature has to offer. In addition, playgrounds, picnic tables, and pavilions are also available for relaxing. Some well known parks in our area that offer these amenities include the Lakeside Beach State Park in Waterport, NY; Letchworth State Park in Castile, NY; Beaver Island State Park in Grand Island, NY; and Golden Hill State Park in Barker, NY. To locate a park near you, or to find out more information about these parks go to the website, http://nysparks.state.ny.us/parks/.

Another family fall favorite activity that only occurs during this time of year is picking out a pumpkin. While most grocery stores have a nice selection of pumpkins available, there is nothing like going to an actual farm and picking out your very own pumpkin. Some farms allow you to pick straight off the vine, while others have piles and piles of pumpkins for you to choose from. Western New York is known for it’s great apple picking. Many farms that offer pumpkin picking, also have apple picking. This family fun-filled event allows you to learn a little about farming, spend quality time with your family, and enjoy the crisp outdoor air. Here are a few farms in the area that you and your family might want to pick your way through: Awald’s Berry Farm in North Collins, NY; Ontario Orchards of Oswego in W. Oswego, NY; Becker Farms in Gasport, NY; Peter-Baker Farm in Ransomville, NY; and Brown’s Berry Patch in Waterport, NY. To find directions or see if there is another farm in your area, check out www.pumpkinpatchesandmore.org/nyeastpumpkins.php.

A friendly reminder: Mark your calendars early with the FALL time change! On November 4, 2007 at 2am clocks change an hour back!

Trick Or Treat! Halloween Fun and Safety

With Halloween around the corner, kids are gearing up for that one late night of semi-parental freedom. Costume stores are combed for the best prices and of course, most original ideas. The time old decision of “will we” or “won’t we” go as a themed costume group this year buzzes around the lunch room. Trick or treating routes are meticulously planned out– kids are very in tune with where the big handfuls of candy are given. Also, parents have the very important decision to decide whether or not to let their budding youngsters go out on their own for this spooktastic night. Establishing safety ground rules so that everyone, child and parent, can be happy, is the first step to ensure a safe and fun Halloween night. First, children should go out in large groups during the daylight hours, unless accompanied by an adult. Second, a safe route should be planned out beforehand, so parents will know where their child and child’s friends are. A meeting place should also be established.

(Continued. on Page 2)
HALLOWEEN FUN GUIDE

Enjoy a haunting good time at the AQUARIUM OF NIAGARA FALLS! Dress as your favorite sea creature for FREE admission. All others $8 from 9 a.m.-4 p.m. and $4 from 4 p.m.-7 p.m. Children can make a full-size Scarecrow, win a prize for best costume, and more! Celebrate a spooky time in a safe and fun environment. Treat bag for each child! Spooktacular sea lion shows! Sponsored by: Norampac.
Saturday, October 27th (4-7pm). Aquarium of Niagara, 701 Whirlpool Street, Niagara Falls, NY 14301. Contact Info: 716-285-3575

Looking for a non-scary Halloween party for younger children? How about the halloween Spooktacular at the Herschell Carousel Museum! Includes refreshments, many different games and crafts and unlimited rides on the carousel.
Oct. 26, 5-7PM and Oct. 27, 2-4PM; Admission $8 Child, $1 Adult. Please contact the museum for ticket information: (716) 693-1885. Herschell Carousel Museum, 180 Thompson Street, North Tonawanda, NY.

Lewiston Haunted History Ghost Walks
Go on a ghost walk through the streets of Lewiston and learn about its haunted architecture!
Oct. 19 &26 @ 7pm. The Courtyard, 476 Center St., Lewiston, NY. For more details call (716)754-0166

Lions and tigers and bears, OH MY! Ever wonder what animals creep around after dark? Find out, as the Buffalo Zoo will be hosting its 9th Annual Howl-O-Ween Hayrides. Each evening offers a safe and friendly Halloween experience for children of all ages. There will be creepy crafts, ghoulish games, apple cider and donuts, tons of great treat stations and of course a hayride through the Zoo.
Price: $5 members; $8 non-members; Children under 2 are FREE. Reservations are required. Dates: October 19, 20, 26 & 27; 5:30-8:30pm
Buffalo Zoo, 300 Parkside Ave., Buffalo. For more info: 716-837-3900 or go to http://www.buffalozoo.org/fee-based_events.html.

Gusto at the Gallery
Dress up in costume and come to the Albright Knox to carve pumpkins, walk through a haunted house, and learn to swing dance! FREE admission! October 27 @ 3 p.m. Albright Knox, 1285 Elmwood Ave, Buffalo, NY. For more details call: (716)882-8700.

Join in the Great Pumpkin Fiesta, a fun-filled family activity that kids will love. Come try your luck in the Castle Labyrinth guessing which way is out with its twists and turns. Then you can begin the Haunted Hayride. If you survive the Haunted Forest, you will be given a Priority Pass to enter the top secret “Area 51-Alien Encounter.” See for your self what the government has been trying to hide and experience your own “Close Encounter of the Third Kind.” Enjoy pony rides around the old oak tree; visit the playground and play in the teepees and tunnels; play on the big straw bales; jump in the hay stacks; slide down the big slides or play in the sandbox! Also available are a variety of farm animals to learn about and a fish pond for visiting. The Pumpkin Fiesta is a great activity for the under-12 crowd to share with their parents or grandparents. Tickets are $7.95 per person. Group rates for 20 or more are $7 each. Each ticket also includes a coupon for $1 discount on your apple purchase and $2 discount on the Haunted Hayride night activities. The Fiesta is every weekend in October, 12pm-5pm. Becker Farms 3760 Quaker Road - Gasport NY 14067. Contact Info: 716-772-2211.

GET LOST IN THE MAIZE!
Spend an evening, or an afternoon, working your way through Western New York's Original Corn Field Maize. Beginning October 6th, every Saturday and Sunday from 1-4pm, Hayrides will depart on the 1/4 hour and travel along the route where costumed characters will toss candy and prizes into the wagon. Each child will receive a treat bag! Also, every Friday and Saturday evenings, join in Moonlit Walks through the MAIZE...and you thought it was tough during the day!!!
Admission: general $7, children 3-11 $5, Under 3 are free; Combo Pass $10 (includes admission, 20oz. Drink, small kettle corn, and 3 Activity tickets). Activities include: Farm animals, Corn box, Corn cannon, Hayride, Pumpkin patch & Goat walk. Sun.-Thu. 10am-9pm; Fri.-Sat. 10am-11pm. For more info. call 716-433-5505. 3901 Niagara Falls Blvd., Wheatfield, NY.

Halloween Fun and Safety

(Continued from page 2)

Instruct your kids not to eat any of their candy until it has been fully inspected, especially the homemade or unwrapped candies. Lastly, make sure your child has a flashlight, glow sticks or has reflective tape on their costume to make them more visible to cars.

For more Halloween safety tips, visit: http://www.halloweensafety.com/halloween_safety_treats.html.
PUMPKIN CARVING STEP-BY-STEP!

CARVING TIPS:
1. Select a large pumpkin that is ripe, has no bruises, cuts or nicks. For easy cleanup, place your pumpkin on several layers of newspaper before carving. Kids: have a parent or other adult cut a circle around the stem of the pumpkin for you. A sharp knife with long, sturdy blade should be used for best and safest results. Supermarkets also sell pumpkin carving kits that include all of the necessary instruments for carving a pumpkin, that may be easier and safer to use, especially for kids. Parent: make sure proper supervision is maintained when the children carve their pumpkins.
2. Cut the hole large enough to reach in and pull out the seeds and stringy membrane. When cleaning out the pumpkin, use an old soup ladle to get out the seeds.
3. Draw an outline of a face on a sheet of paper (use simple bold features). Then tape your paper to the pumpkin where you want the face to be. Make the drawing on the pumpkin by punching through the paper into the pumpkin with a large nail or pin.
4. Carefully cut out the design following the holes that were "punched" with your knife. When you are finished cutting, simply push out the pieces for the final results.
5. If desired, place some lights (e.g., small candles) inside. Now you're all set for Halloween night! Have Fun!

TURKEY TROT

November in Buffalo is famous for our 8 kilometer (4.97m) foot race, also known as the Turkey Trot. The race begins at Delaware Avenue and Shoreham Parkway, in North Buffalo, and follows Delaware Avenue into downtown Buffalo ending at the Buffalo Convention Center.

The Turkey Trot dates back to 1896, when only six runners competed in a 5 mile race, which stretched along routes that have long since been reconstructed in the downtown Buffalo area. Originally, runners ran along rugged dirt roads. It wasn't until the mid-1900s that the Turkey Trot was actually run on pavement.

The Turkey Trot has also taken on a parade-like quality, with a number of competitors dressing in costume. Today, spectators can spot pilgrims, bees, the Blues Brothers, turkeys and even Old Saint Nick at the Turkey Trot. Families, friends, fellow Buffalonians, and spectators from all over come to stand along the roadside and cheer the runners along.

The race has matured through the years, but still maintains its traditional place and time on Thanksgiving morning at 9:00 a.m. In 2006, 7,584 runners crossed the finish line and more than 10,000 people took part in the post race party and award ceremony. Runners come from all over the United States, Canada and even overseas to compete. In fact, runners from as far away as Ireland and Australia have taken part in the Turkey Trot. Quite a difference from 1896! To register, and for more info, go to: http://www.ymcabuffaloniagara.org/YEvents/Turkey_Trot/Race_Info/race_info.html#registration

A FEW FLAVORFUL IDEAS

Instead of throwing away all of those fresh pumpkin seeds, why not try roasting them with different ingredients to create a delicious snack. Here are a couple recipes to try.

Cinnamon and Salt Pumpkin Seeds
Prep. 10 min. Cook 20 min.
Ingredients:
- 1 Cup washed and dried pumpkin seeds
- 1/2 tsp salt*
- 1/2 tsp ground cinnamon
- vegetable oil cooking spray

*substitute sugar for salt if desired

Directions:
1. Preheat oven to 350 degrees F
2. Spray cookie sheet with cooking spray. Spread seeds out in an even layer. Sprinkle w/salt & cinnamon.
3. Bake for about 15-20 minutes, stirring occasionally until seeds are toasted.

Taco Pumpkin Seeds
Prep. 10 min. Cook 20 min.
Ingredients:
- 1 Cup washed & dried pumpkin seeds
- 1 tbsp taco seasoning
- 1/4 tsp garlic salt
- vegetable oil cooking spray

Directions:
1. Preheat oven to 350 degrees F
2. Spray cookie sheet with cooking spray. Spread seeds into single layer. Sprinkle w/taco seasoning and garlic salt; stir to coat.
3. Bake for about 15-20 minutes, stirring occasionally until seeds are toasted.

Enjoy the festive spirit of the Turkey Trot and try out these delicious pumpkin treats!
When people think of Buffalo, they usually think of one thing—snow. Living in Western NY, you become accustomed to the cold and the snow, making it part of your every day play and work, but no one expected what the weather had in store for the area on the night of Thursday October 12th, 2006.

Did YOU Know?

- The morning of October 12th was the first time that forecasters had any indication the rain we were getting would eventually turn to snow.
- Originally, the Buffalo National Weather Service put out a warning for the possibility of 1-6 inches of wet snow.
- That night, with snow falling at a rate over one inch per hour, the NWS put out a warning that there would be tree damage and loss of power.
- October 12th and 13th had the most snow fall recorded in Buffalo in the past 137 years.
- The tree damage that occurred is that usually seen as a result of a hurricane. By Friday October 13th, around 400,000 people had no power and thousands remained without power for 10 days or more!!

**Are You Prepared If a Snow Storm Hits?**
A little “how to” list goes a long way!

1. Prepare a Winter Storm Plan.
2. Assemble a disaster supplies kit.
   - Include first aid supplies, medications, a battery-powered NOAA weather radio, flashlights, extra batteries, canned food, utensils, can opener, water (at least 1 gallon per person per day to last at least 3 days), extra warm clothing including water-resistant boots, mittens, and hats, extra blankets, and a warm coat for each member of your family.
3. Stay tuned for storm warnings.
4. When a Winter Storm Warning is issued…
   - Stay indoors if possible
   - If you must go out…
     - Wear multiple layers of clothing to stay warm
     - Wear gloves and hats to prevent loss of body heat
5. Avoid traveling during the storm, but if you must…
   - Keep the gas tank full to keep the fuel line from freezing
   - Carry a disaster supply kit in the trunk
   - Let someone know your destination, route, and your estimated arrival time, that way if your vehicle gets stuck, help can be sent along your predetermined route.

For more information go to: http://www.redcross.org/services/disaster/0,1082,0_595,00.html.

Or contact your local Red Cross at: (716) 886-7500

**BUFFALO BILLS Schedule and Events**

The Buffalo Bills have had a rocky beginning. The team has been plagued by injuries that continue to affect the game. And despite the early losses, fans continue to sell out games. This could be due to not only the seemingly unending faith of the “twelfth man”, but also, the Bills dedication to the community. Individual players such as Brian Moorman and Coy Wire, have foundations that team up with organizations in the community to benefit western New York. The Buffalo Bills Youth Foundation is a non-profit organization that aims to improve the life for youth and young adults of western NY.

The Bills also have many events during games that help the community. For the season game opener, imperishable food and monetary donations were collected. Mary and Ralph Wilson matched the monetary donation, and a total of $21,015.66 was donated to the Food Bank of Western NY.

At an upcoming game, the Bills are collecting unused cell phones. The proceeds from selling/refurbishing these phones will then be used to provide emergency cell phones to victims of domestic violence. This Hopeline initiative is sponsored in collaboration with Verizon, and phones can be brought to your local Verizon Wireless server at anytime, not just at a Bills game.

The Bills also have a program for Student Leaders. Local students who participate in this year long program are taught leadership skills that hopefully they will bring back to the classroom and their community.

To find out more information about what the Buffalo Bills, and the players do for the community, or for more about each of these events and foundations, you can go to their website at www.buffalobills.com and look under the community section.
Q. What is the flu shot?

A. The flu shot is an inactivated vaccine (containing the killed virus) that is given with a needle, usually in the arm. It contains three strains of influenza viruses.

Q. Who should get a flu shot?

A. Anyone can get a flu shot that would like to, in order to reduce their chances of getting the flu. But the Center for Disease and Control of Prevention (CDC) recommends that people who are at high risk of having serious flu complications (e.g. children aged 6 months to 5-years-old, pregnant woman, people over 50 years of age, people with certain chronic medical conditions, people who live in long term care facilities, or people who live with or care for those at high risk for serious complications, should get a flu shot.

Q. Who should not get a flu shot?

A. The CDC recommends that everyone should speak with their doctor before getting a flu shot, especially those who have had a severe allergic reaction to eggs or a previous flu shot, or if you have a history of Guillain-Barre syndrome (GBS).

Q. How effective is the flu shot?

A. With the flu shot, when the "match" between vaccine and circulating strains is close, the vaccine prevents influenza in about 70%-90% of healthy persons younger than age 65 years.

Q. What are the risks/ side effects of the flu shot?

A. Since the viruses in the flu shot are killed, you can not get the flu from the flu shot. However, a vaccine, like any medicine, may cause serious problems, such as severe allergic reactions, but this is rare. Possible side effects include: Soreness, redness, or swelling where the shot was given, fever (low grade), aches. If these problems occur, they begin soon after the shot and usually last one to two days.

# Flu vs. Colds: A Guide to Symptoms

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<thead>
<tr>
<th>Questions</th>
<th>Flu</th>
<th>Cold</th>
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<tr>
<td>Onset of illness</td>
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<td>slow?</td>
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<td>Do you have a...</td>
<td>high fever?</td>
<td>no (or mild) fever?</td>
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<td>Is your exhaustion level...</td>
<td>severe?</td>
<td>mild?</td>
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<td>Is your cough...</td>
<td>dry?</td>
<td>severe or hacking?</td>
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<td>Is your throat...</td>
<td>sore?</td>
<td>fine?</td>
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<td>Is your head...</td>
<td>achy?</td>
<td>headache free?</td>
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<td>Is your appetite...</td>
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<td>normal?</td>
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<tr>
<td>Are your muscles...</td>
<td>achy?</td>
<td>fine?</td>
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<tr>
<td>Do you have...</td>
<td>chills?</td>
<td>no chills?</td>
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# The Flu Vaccine Controversy

Most of the controversy surrounding the dangers of flu shots involves an ingredient called thimerosal. Thimerosal is a mercury-containing preservative used in some vaccines and other products since the 1930's. Since then, it has been widely used as a preservative in a number of biological and drug products, including many vaccines, to help prevent potentially life threatening contamination of harmful microorganisms. Over the past several years, because of an increasing awareness of the theoretical potential for neurotoxicity of even low levels of organomercurials and because of the increased number of thimerosal containing vaccines that had been added to the infant immunization schedule, concerns about the use of thimerosal in vaccines and other products have been raised. Because of these concerns, the Food and Drug Administration has worked with, and continues to work with, vaccine manufacturers to reduce or eliminate thimerosal from vaccines. Thimerosal has been removed from or reduced to trace amounts in all vaccines routinely recommended for children 6 years of age and younger, with the exception of inactivated influenza vaccine. A preservative-free version of the inactivated influenza vaccine (only containing trace amounts of thimerosal) is available in limited supply at this time for use in infants, children and pregnant women.

For more information or to reference any information provided on this page please go to the websites provided below.

http://www.fda.gov/cber/vaccine/thimerosal.htm

http://www.cdc.gov/flu/keyfacts.htm

# Good Health Habits for Flu Prevention

Good health habits like covering your mouth or nose with a tissue when you cough or sneeze and washing your hands often can help prevent respiratory illnesses like the flu. It also helps to prevent germs from spreading. Illnesses are often spread when a person touches something that is contaminated with germs and then touches his or her eyes, nose, or mouth. To help stop the spread of illness, during cold season, avoid close contact with people who are sick, and do the same when you are sick to protect them from getting sick too. If possible, stay home from work, school, and errands when you are sick. In the meantime, practicing good health habits will help you to fight off germs. A few things you can do is get plenty of sleep, be physically active, manage your stress, drink plenty of clear fluids, and eat nutritious food.
Betty Botter bought some butter, but she said "this butter's bitter! But a bit of better butter will but make my butter better" So she bought some better butter, better than the bitter butter, and it made her butter better so 'twas better Betty Botter bought a bit of better butter!

Silly Sally swiftly shooed seven silly sheep. The seven silly sheep Silly Sally shooed shilly-shallied south. These sheep shouldn’t sleep in a shack; sheep should sleep in a sack.

**Riddles & Jokes**

Q. What is at the beginning of eternity, the end of time and space, the beginning of every end and the end of every race?

Q. When you say my name, I am gone. What am I?

Q. What kind of shoes are made out of bananas?

Q. What question can you ask different people, all day, get different answers, yet all the answers can all be correct?

Q. What has a head and a foot, but no body?

Fill the game board so that the numbers 1 to 9 occur exactly once in each row, column, and 3 x 3 square. The numbers can appear in any order, and diagonals are not considered. Your initial game board consists of already placed numbers which can not be changed. Your goal is to fill in the empty squares according to the rules above. Good luck and enjoy!

Search your heart out, finding autumn inspired words forward, backward, and diagonal. There are 33 words in all, can you find them all?

Acorns  Colors  Ghosts  Pumpkin
Apple cider  Corn maze  Goblins  Scarecrow
Apples  Cornstalks  Gourds  Scary
Black cats  Cornucopia  Hay ride  Spooky
Candy  Costumes  Leaves  Straw
Candy apple  Cranberries  Mashed potatoes  Stuffing
Chilly  Crisp air  Parties  Sweater
Cold  Football  Pie  Trick or Treat
Turkey

**Autumn Word Search**

**Kid’s Corner**

**Tongue Twisters!**

**Riddle & Jokes**

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**Sudoku**

**Answers riddles and puzzles are on page 8.**
**Halloween Dirt Cemetery**

Ingredients:
- 1/4 C butter
- (1) 8 oz package cream cheese, softened
- (3) 1/2 C milk
- (2) 3-1/2 oz packages French/regular instant vanilla pudding
- (1) 12 oz container whipped topping, thawed
- (1) package of Oreo Halloween cookies, crushed
- (1) 13x11 baking pan
- flat oblong cookies (like Milanos)
- tube black gel icing
- extra whipped topping (or use Peeps brand marshmallow ghosts)
- candy corn & gummy worms

Preparation:

The night or day before serving, cream butter and cream cheese. In another bowl, mix milk, pudding and whipped topping. Combine the mixtures. Put filling in 9x13 glass baking pan and chill. Before serving, crush up Oreos to create Dirt mixture and cover pudding mixture. For the tombstones, use the oblong cookies and write "R.I.P." in black gel on each cookie. Gently push tombstones in the Dirt. For ghosts in your cemetery, use spoonfuls of whipped topping slightly swirled. Use the icing again to give the ghosts eyes. Sprinkle with candy corn or have the gummy worms coming in and out of the Dirt. A definite treat for the whole family!

**Grandma’s Leaf Cookies**

Ingredients:
- 8 Tbsp Crisco (butter flavor)
- 1 C sugar
- 1/4 C milk
- 6 eggs (2 at a time)
- 2 tsp vanilla
- 6 tsp baking powder
- Food coloring—fall leaf colors
- Flour
- Ice frosting:
  - Confectioner’s sugar & milk

Preparation:

Cream together the Crisco and sugar. Add in the milk and cream together until smooth. Then add in eggs, 2 at a time. Add in vanilla and baking powder and mix until creamy. Once creamy, pour mixture into separate mixing bowls depending on how many different dough colors you would like to work with. Then add one food color to each bowl of batter (red, yellow, green, orange, etc., what ever fall colors you like). In each bowl, add enough flour until it forms a soft dough, but not sticky. **Usually at the end you have to mix the dough by hand because it gets too difficult to mix with a spoon.** Divide the dough into smaller sections. Mix the different colored dough’s together and then roll them out about 1/8” thick (dough does grow when baking). The colors will blend into different shades like a fall leaf. Cut out different leaf-shaped cookies. Bake @ 400 degrees F, about 8-10 minutes or until a light golden brown on the bottom. Let cool fully before frosting. Lightly frost with a mixture of confectioner’s sugar and milk; top with sprinkles!

**Recommended Reading**

From the American Library Association.

Here are some great books to curl up with on cool, autumn nights. All are written for 11-13 year olds.

**Harriet the Spy**

By: Louise Fitzhugh

A story about an intensely curious and intelligent girl, named Harriet who loves to spy on people, keeping her observations in a secret notebook. When Harriet’s classmates discover it and begin reading her candid comments about them, she soon finds her world turns upside down.

**Westing Game**

By: Ellen Raskin

A millionaire’s mysterious death, a fortune to inherit, and an unlikely assortment of heirs—can you figure out the mystery?

**James and the Giant Peach**

By: Roald Dahl

An old man gives James a bag of dark green crystals with a promise. James accidentally drops them near the peach tree, which grows to the size of a house. When he crawls inside, a magical adventure begins to take place changing his life forever.

**Julie of the Wolves**

By: Jean Craighead George

To her small Eskimo village, she is known as Miyax; to her friend in San Francisco, she is Julie. When the village is no longer safe for her, Miyax runs away; but she finds herself lost in the Alaskan wilderness. Slowly she is accepted by a pack of Artic wolves, and she grows to love them as though they were family. But the time comes when she must leave the wilderness and choose between the old ways and the new. Which will she choose?

**The Boggart**

By: Susan Cooper

When the Volniks, a Canadian family, inherit the castle where the Boggart has lived for centuries, the shape-shifting mischief maker is accidentally transported to Toronto, where he discovers greater opportunities for trickery than he has ever imagined.

**Jacob Have I Loved**

By: Katherine Patterson

While everyone adores and admires her twin sister, Sara Louise overcomes her jealousy and finds her own identity and inner strength.
**Great Websites for Kids:**

Here are some helpful, kid friendly websites that include homework help, research assistance, games, and more. Both are parent and child friendly. Kids, always be sure to have your parents permission before going on the web.

**www.infoplease.com/homework**—Here you’ll find loads of facts, guidance, and advice that’s easy to manage and understand.

**www.ipl.org**—The Internet Public Library has information on the Arts and Humanities to the Social Sciences; has a Teen Space to help with paper writing, homework, procrastination, and much more.

**www.ala.org/gwstemplate.cfm?section=greatwebsites&template=/cfapps/gws/default.cfm**—Great research website approved of by the American Library Association.

**www.ks-connection.org**—Find a pen-pal from anywhere in the world at Kid’s Space Connection

**www.funbrain.com**—Find games, quizzes, math and reading exercises by grade or age. Play a more challenging game for an 8th grader, or try your hand at a 16 year olds chemistry quiz.

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**Autumn Word Search**

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**Riddles & Jokes Answers**

A. The letter ‘E’

A. Silence

A. Slippers

A. What time is it?

A. Bed

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**Sudoku**

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On behalf of the University at Buffalo Adolescent and Family Development Project, please have a safe and enjoyable fall season!