

Andrew Seier
Pediatrics Patient Write-up No. 1
11/18/2016

CC: right-sided jaw pain

HPI: The patient is a 15 year-old male presenting with pain in the buccal area of the right side of his face. The pain has been present for three days, is described as “aching/throbbing”, and waxes and wanes from 6 to 8 of 10 in severity. The patient specifically denies any visual changes, fever, dysphagia, or increased pain when opening the mouth to its fullest extents. The pain was, however, exacerbated recently while chewing. He saw a dentist approximately a week ago for a regular cleaning, and had his wisdom teeth removed a month ago.

PMH:

- birth history: failure to progress at 36 hours of labor resulted in emergent C-section, patient was febrile and had a 7-day stay in the NICU
- (2004) suspected seizure disorder: EEG was normal
- (2007) admission at Bry-Lin for behavioral issues and trouble in school
 - currently has diagnoses of Asperger syndrome and mood disorder NOS
- (2011) nasal cautery
- (2011) tonsillectomy

FH: heart disease (grandfather) died at age 49; no sick contacts

SH: The patient lives at home with his mother and father, who are his primary caregivers. The patient eats three meals per day, and usually takes meals at home prepared by his mother; diet is reasonably varied and balanced. He does not use alcohol, drugs, or tobacco, and is not now or ever has been sexually active.

ROS:

- Denies: fever, chills, sweats, unexpected weight change
- Denies: skin/hair changes, rashes/sores
- Denies: head trauma, headaches
- Reports: sees ophthalmologist once per year. Denies: blurry vision, diplopia, discharge from eyes
- Denies: vertigo, tinnitus, earache
- Denies: nasal congestion, frequent sneezing
- Denies: hoarseness, sore throat
- Denies: palpitations, dyspnea on exertion
- Denies: shortness of breath, wheezing, coughing,
- Denies: nausea, vomiting, diarrhea, constipation, abdominal pain
- Denies: dysuria, frequency, hematuria
- Denies: muscle weakness, pain; joint stiffness
- Denies: numbness, tingling, seizures
- Denies: easy bruising/bleeding

- Denies: heat/cold intolerance, polydipsia, polyphagia
- Denies: current mood symptoms, depression

Immunization History:

- HepB: 1,2,3
- RV5 (Rotateq): 1,2,3
- DTaP: 1,2,3,4,5
- HiB: 1,2,3 (at 12 months)
- PCV13: 1,2,3,4
- IPV: 1,2,3
- IIV: has not received in several years
- MMR: 1,2
- VAR: 1,2
- Meningococcal: 1
- Tdap: 1
- HPV: 1,2,3

PE:

The patient is a well-appearing 15 year-old male, who is polite and cooperative on exam.

- Skin: moderate facial acne, no scars or rashes visible
- Head: NC/AT, some swelling over right lower cheek, no TMJ noises
- Eyes: wearing glasses, PERRLA, no conjunctival injection, no scleral icterus, EOMI
- Ears: symmetrical, atraumatic; no tenderness, inflammation, or discharge; TM was gray, translucent, positive light reflex, no effusion or pus
- Nose: nares patent, moist pink mucosa
- Mouth/throat: full adult dentition, some inflammation of right side buccal mucosa with visible glands/ducts
- Neck: full range of motion, no lymphadenopathy
- Heart: regular in rate/rhythm, no murmurs
- Lungs: CTA, normal effort, no accessory muscle use
- Abdomen: no scars, soft, NT/ND, no CVA tenderness

Assessment:

The patient is a 15-year old male who presents with right-sided jaw pain shortly after a cleaning appointment with a dentist. It is most likely that the buccal mucosa was irritated by the dental procedure, and will resolve on its own within the course of a week. However, other items to include on the differential include parotitis, sialoliths, and TMJ pain. Parotitis is less likely because the inflammation in this patient is slight and is not located over the parotid gland proper; sialoliths would likely have a similar presentation. There was no TMJ clicking on physical exam, which makes TMJ issues possible, though much less likely.

Plan:

The patient will be instructed to rinse the mouth with a standard mouthwash three times per day, with the expectation that pain and swelling should resolve within a week. The office should be contacted again if the swelling worsens, does not resolve in a week, or if other symptoms develop such as fever, nausea, or difficulty breathing or eating.

The patient will receive annual influenza vaccine at today's visit. His parent declined the 4th IPV on the patient's behalf.